



Acrobatic Gymnastics National Championships – Competition Music

Dear Acro National Championships Coaches and Clubs,

Once again we will be using a digital music player for the competition music at Nationals. This player is compatible with music files stored in .MP3 or .WMA file formats. Competition music will be accepted from each club any time before or during each team's training session on the competition floor. Acceptable music formats are:

- 1) A separate CD, correctly labeled, for each exercise (as defined in the 2008 rules and policies)
- 2) A single data CD containing all of the .MP3 or .WMA files for all team exercises

As the competition will use a digital music player, any music submitted in audio format disks must be converted before it can be played for the competition floor training period. Your competition floor training period is your chance to verify/validate the music that will be played during competition for each exercise. As the file conversion may take time to complete, delaying the start of the training exercises, we request that teams bring a data CD whenever possible to speed the preparation time. Many different tools can be used to create the MP3 or WMA data files and burn the CD. If assistance is needed, almost any teenager with an iPOD should be able help.

To be compatible with the music player, the name of each music file needs to match the Pair/Group entry number and the first letter of the type of exercise ("D" for Dynamic, "C" for Combined, "B" for Balance, "E" for Exhibition, etc.). As an example, the music file for the balance routine of Pair/Group entry #118 must be named "118B.MP3" or "118B.WMA" depending on the file format selected. Remember that level 5 through 7 exercises are all combined events. Also note that the entry numbers for athletes competing in the WTT 11-16 events will have a "2" added before the original entry number (for example, "2118B.MP3" in the previous example).

NOTE: If you are making a data disk, be sure to select "DATA" in the disk formatting tool. Many software packages will "help" you by converting the files back to audio disks. This can be tested by reinserting the disk into the computer and viewing the file names. If they are labeled "track 01", "track 02", etc. then the disk is an audio format and not compatible with the music player. If they are labeled "118B.MP3", "118D.MP3", etc. then the disk is properly formatted and is directly compatible with the digital player.

If you choose to bring a data CD, you are highly encouraged to also bring the individual audio disks required by the rules and policies as an emergency backup.

Thank you for your cooperation,

Tom Housley, USA Gymnastics
Acrobatic Gymnastics Program Director